

## CONTACT LENSES

*Quinn T.***Managing presbyopia: cases from the trenches**

3

Want to know how to manage a variety of different types of presbyopes? We're on the case.

**Keywords:** Add, contact lenses, presbyopia

*Michaud L., Vincent St.***Scleral lenses and hypoxia: a balanced approach**

11

Modifications to lens material, design, and wearing time can help reduce the risk of hypoxia with scleral lens wear.

**Keywords:** cornea, hypoxia, sclera, scleral lenses

## SPECTACLES AND OPHTHALMIC LENSES

*Thomas A., Pearsall T.***Keep your head in the game and your eyes on the prize. Methods of protecting the eyes from injuries in sports**

18

Ocular injuries as a result of participating in sports are a common presentation to accident and emergency departments. This article will educate practitioners on examining and preventing ocular injury.

**Keywords:** active lifestyle, eye injury, protection

## DIAGNOSTICS, TREATMENT, PHARMACOLOGY, PHARMACY

*Cruikshank F., Logan N.***Myopia progression: an update on the evidence base**

23

This article will provide an overview of the latest literature surrounding myopia onset and progression, and will explore the evidence base for clinical interventions.

**Keywords:** evidence base, myopia, myopia control, myopia progression

## POINT OF VIEW

*Johnson I.***Lifestyle in optometric practice**

34

Eye care professionals are in an excellent position to offer clear and up to date advice about health and lifestyle which will have an impact on future eye health. Iain Johnson discusses the importance of such advice and focuses on four areas where key messages need to be given.

**Keywords:** diet, obesity, smoking, exercise, optometry

## IN PRACTICE

*Shevich I. A.***How to help with diplopia? A case of combining prismatic correction with the monovision method**

41

The article provides an example of the use of prismatic correction and the monovision method in a patient with a high degree of myopia, which is complicated by retinal detachment, hemophthalmus and diplopia that appeared after the surgical operations

## NEW O.D.

*Kruger G. S.***How to measure pupillary distance (Continuation)**

44

The most urgent topic regarding the work of our specialists in the field of medical optics and optometry is the simple, at first glance, measurement of interpupillary distance. Considering that this procedure is carried out in the optics salon daily and in almost every patient when prescribing spectacle correction, it is difficult to overestimate its significance. Nevertheless, there are a lot of gaps in knowledge and skills for its implementation.

**Keywords:** measurement of pupillary distance, pupilometer, spectacle vision correction